



Signs It's Time to Call Arosa.

*A quick reference guide for professionals
on when to refer to Arosa's
Care Management & Caregiving services.*

If You Hear These Concerns, Think Arosa!

When clients, families, or staff mention any of the prompts on the back page, it's a sign they could benefit from Arosa's expert support.



**Making a
Referral is Easy!**

Call: (866) 462-7672

Email: startcare@arosacare.com

Caregiver Burnout & Family Stress.

- “I don’t know how much longer I can keep doing this.”
- “Caring for my [parent/spouse/loved one] is taking over my life.”
- “We can’t agree on what’s best for Mom/Dad.”
- “I don’t have time to manage my loved one’s care anymore.”

Arosa’s Solution: We provide respite for family caregivers, mediate family conflicts, and ensure care needs are met without burdening loved ones.



Frequent Falls, Hospital Visits, or Safety Concerns.

- “Mom has fallen several times, but she refuses help.”
- “Dad was just in the hospital—again.”
- “I’m worried about my patient going home alone after discharge.”
- “They forget to take their medications.”

Arosa’s Solution: Our Care Managers create customized safety plans, coordinate support, and help reduce preventable hospitalizations.



Cognitive Decline & Memory Concerns.

- “I think my loved one is showing signs of dementia.”
- “She’s getting confused and isn’t paying her bills.”
- “He keeps wandering and getting lost.”
- “They’re resistant to care but clearly need help.”

Arosa’s Solution: We specialize in dementia care planning, helping families navigate the progression of cognitive decline with expert guidance.



Difficulty Managing Complex Medical Needs.

- “Mom’s health conditions are getting harder to manage.”
- “Dad has so many doctors, I can’t keep track of them all.”
- “My patient is struggling with post-surgical recovery.”
- “Their chronic condition seems to be getting worse.”

Arosa’s Solution: Our Care Managers coordinate medical care, advocate during appointments, and ensure seamless communication between providers.



Social Isolation & Declining Quality of Life.

- “They barely leave the house anymore.”
- “She’s just sitting in front of the TV all day.”
- “He doesn’t have any friends or family nearby.”
- “They don’t seem like themselves lately.”

Arosa’s Solution: We help clients stay engaged, active, and socially connected, improving their overall well-being.

