



Supporting Stroke Recovery at Home with Arosa

Helping You Recover with Confidence



Understanding Stroke Recovery.

Recovering from a stroke requires a multi-faceted approach involving physical, emotional, and practical support. According to the CDC, stroke recovery can be significantly improved with the right care plan, including rehabilitation exercises, medication management, and lifestyle adjustments.

At Arosa, we are committed to providing the comprehensive support needed to help stroke survivors regain independence and improve their quality of life.

"Comprehensive stroke recovery plans are crucial for improving outcomes and reducing the risk of recurrent strokes." - CDC

*Source: CDC <https://www.cdc.gov/stroke/recovery.htm>

How Arosa Supports *Stroke Recovery.*

Arosa provides personalized care plans tailored to support stroke recovery at home.



24/7 Care:

Offering around-the-clock support for families who cannot be primary caregivers due to work or other commitments.



Therapy Support:

Encouraging and supporting the therapy programs developed by rehabilitation centers and home health therapists.



Medication Management:

Ensuring compliance with prescribed medications to prevent complications and promote recovery.



Use of Assistive Devices:

Educating and assisting with the use of durable medical equipment to improve mobility and independence.



Care Coordination:

Our care managers oversee all involved providers to ensure seamless communication and cohesive care.



Arosa – Your *Partner* in Stroke Recovery.

According to the CDC, Regular health monitoring and coordinated care significantly enhance stroke recovery and prevent complications.

At Arosa, we understand the challenges of stroke recovery and are dedicated to providing the support and resources needed to navigate this journey. Our neighborly approach ensures that you or your loved one receives compassionate, personalized care aimed at regaining independence and enhancing quality of life.

*Source: CDC <https://www.cdc.gov/stroke/recovery.htm>



Together, We Make Recovery Possible.

Contact us today to learn more about our stroke recovery support services and how we can help you or your loved one on the path to recovery.

866-46-27672 or
startcare@arosacare.com

