

# **Understanding Guardianship and HPOA:**

Establishing legal measures such as guardianship and Health Power of Attorney (HPOA) is crucial for ensuring the best possible care and decision-making support for seniors. These legal tools provide peace of mind and enhanced protection, allowing families to make informed decisions regarding their loved ones' health and well-being. Arosa is dedicated to guiding and supporting families through the process of setting up these vital legal measures.

### **Guardianship:**

Guardianship is a legal relationship established by a court where a guardian is appointed to make decisions on behalf of an individual who is unable to make decisions for themselves due to incapacity. This ensures that the individual's personal and financial affairs are managed responsibly and in their best interest.

## Health Power of Attorney (HPOA):

HPOA is a legal document that designates an individual to make healthcare decisions on behalf of another person if they become incapacitated. This ensures that medical decisions are made according to the individual's wishes and best interests.



### **Expert Guidance**

Arosa offers expert guidance and support to families in establishing guardianship and HPOA. Our experienced care managers assist in navigating the legal process, ensuring that all necessary documents are completed accurately and efficiently.

### **Comprehensive Support**

We provide comprehensive support throughout the entire process, from initial consultations to ongoing management and coordination of care. Our goal is to ensure that our clients and their families feel secure and confident in their legal protections

#### **Personalized Care Plans**

Arosa creates personalized care plans that incorporate guardianship and HPOA, ensuring that all aspects of a client's care are managed responsibly and effectively.



Guardianship and HPOA provide essential legal protection and decision-making support, ensuring the best possible care for seniors.

\*Source: NIA https://www.nia.nih.gov/health/legal-and-financial-planning-people-alzheimers

- National Institute on Aging (NIA)



Contact Arosa today to learn more about our guardianship and HPOA services and how we can help you secure legal peace of mind for your loved ones.