## Home at Last

Smoothing the transition from hospital to home.

## The first 72 hours are most critical.

When it's time to leave a hospital or rehab center, Arosa can help make your transition home successful. Arosa Care Managers have expertise in supporting the needs of patients within the critical first 72 hours of discharge.

They work with our professional and compassionate staff to:

- Review and understand all of your discharge instructions and service orders.
- Reconcile your old and new medications with your physician.
- Pick up your prescriptions.
- Drive you home if requested.
- Place an Arosa Caregiver in your home as needed.
- Put clean sheets on your bed and fresh towels in the bathroom.
- Perform a home safety evaluation.
- Confirm all home nursing and therapy services and equipment.
- Schedule your follow-up doctor appointments.
- Clean out your refrigerator.
- Buy groceries.
- Prepare your meals and clean the kitchen.
- Follow-up with family members or others in your support network.
- Do your laundry and light housekeeping.
- Make a Care Manager available 24/7 if you have questions.
- Offer ongoing services and integrated care as needed.



Contact us today to learn more.

(866) 462-7672

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