Arosa Care Elevated

# CARING FOR VETERANS

### How Arosa Supports Those Who Served

Veterans have made immense sacrifices for our country, and as they age, many face unique health challenges. At Arosa, we understand the importance of providing specialized care to veterans, offering personalized In-home Caregiving and Care Management services that address both their physical and emotional needs. We're proud to highlight how our services help veterans maintain their dignity, independence, and quality of life at home.

## Veteran-Focused Care

#### 1. Tailored Care Plans

Every veteran has a unique story and set of care needs. Arosa's Care Managers work closely with veterans, their families, and healthcare providers to create customized plans that support their servicerelated health concerns. Whether it's managing chronic conditions, helping with daily activities, or coordinating medical appointments, our care is tailored to meet veterans where they are.

#### 2. Emotional and Mental Health Support

Many veterans experience emotional and mental health challenges, such as PTSD and depression, as they age. Arosa's Caregivers provide compassionate emotional support, helping veterans navigate these challenges through companionship and engaging activities that foster emotional well-being.

#### 3. Assistance with VA Benefits

Navigating the VA system can be overwhelming for veterans and their families. Arosa's Care Managers help veterans access the benefits they are entitled to, including Aid and Attendance and Housebound benefits, ensuring they receive the comprehensive care they deserve.



# The Arosa Way

#### HEALTH MONITORING

We are trained to monitor veterans' physical and emotional health, ensuring any changes are promptly addressed.

#### DAILY LIVING ASSISTANCE

From personal hygiene to meal preparation, our Caregivers assist veterans with everyday tasks, enabling them to live independently in the comfort of their homes.

#### COMPANIONSHIP

Isolation can significantly impact mental health. Arosa Caregivers engage veterans in meaningful activities, conversations, and outings, helping to reduce loneliness and foster connections with others in the community.





(866) 462-7672 startcare@arosacare.com If you or a loved one could benefit from professional in-home caregiving, contact Arosa today to learn how we can support your family's needs and enhance your loved one's quality of life.